

Welcome to Foundations for Learning

We are so happy that you are joining us for our **Foundations for Learning** program! Foundations provides a great opportunity for your child to receive individualized support as they grow and develop the skills they will need to be successful in school. We wanted to start by sharing a few things about how the program will be structured.

Schedule (times are approximate) Morning Session:

9 am – Please arrive promptly. We will meet you in reception and transition your child back to our treatment rooms.

9-9:45 – Gross Motor Play. We will provide opportunities for big body movement while facilitating improved abilities to interact and relate with peers and to begin, carry through, and complete activities. We will use our own affect as well as a variety of sensory experiences to help your child attain and sustain regulation throughout this time.

9:45-10:10 – Rhythm & Movement. At this time, we will provide opportunities for music and rhythmic movement to further support abilities to sustain regulation and engage in back-and-forth interactions with others. Rhythm and timing are foundational to development of motor planning, speech and language, and social interaction.

10:10-10:20 – Bathroom Break. Please note that your child will be allowed to use the bathroom as needed, but we will also have this time set aside for kids who don't want to miss out on fun or may not be ready to self-monitor their bathroom needs.

10:20-10:40 – Snack. We plan to provide a variety of positive sensory experiences around food at this time. Your child may eat a snack if s/he chooses or may simply explore that food's sensory properties. You may also choose to have your child bring his own snack.

10:40-11:15 – Fine Motor/Sensory. This time is intended to allow exposure to a variety of sensory experiences that your child might encounter in a school setting, as well as a chance to use fine motor skills while interacting with peers. We intend to help your child develop positive emotional responses to various textures, smells, and visual inputs while building their confidence to complete fine motor tasks.

11:15-11:45 – Pre-Academics. Your child will have the opportunity to explore a variety of semi-structured activities that support academic development, including exposure to letters, numbers, writing/drawing, cutting, and reading. This time is intended to be low-pressure in order to develop a positive relationship with learning

11:45 – Begin transition. Parents are expected to be back for pick-up at **11:45**. Children will begin putting socks and shoes on and transitioning at this time. This will allow us the flexibility we may need if your child is having difficulty transitioning.

We would like to hear from you! In the space below, please write down the top two goals you have for your child. We will use this information as we provide individualized support and guide your child's progress.

Finally, for safety purposes, please list your child's known food allergies:

Permission to use your child's photos/videos to be used on Creative's website, educational materials, social media, and promotional literature.

You have _____

don't have _____ permission to use my child(ren) in a photo or video

You may _____

may not _____ reveal my child's face

Once you have read the letter and provided your goals, please sign and return the second page of this letter to let us know that you read and understood the information provided.

Child's name _____ Date of birth _____

Parent's name _____

Parents' signature

Date

We are looking forward to working with you and your family!