



703-910-5006 www.CreativeHealthLLC.com INFO@CreativeHealthLLC.com

(Adult) Initial Consultation Questionnaire

Client's Name: _____ Gender: ___ Date: ___/___/___

Date of Birth: ___/___/___ Age: ___ yrs.

Referred by: _____

Responsible party (if not client): _____

Address: _____

Telephone: Cell _____ Home _____ Work _____

Email: _____ Fax# _____

Name of person completing this form: _____

Relationship to client: _____

MEDICAL HISTORY

Name of Primary Care Physician & Practice name: _____

Physician's Specialty _____

Phone _____ Fax _____ Email _____

Address: _____

Date of last examination: ___/___/___ Date of next appointment: ___/___/___

Current medications and/or remedies prescribed:

1) _____ Start Date ___/___/___ Purpose _____

2) _____ Start Date ___/___/___ Purpose _____

3) _____ Start Date ___/___/___ Purpose _____

Prescribed by: _____

Have you ever been hospitalized? (Circle one) YES NO

Hospital	Month/Year	Reason
_____	____/____	_____
_____	____/____	_____
_____	____/____	_____

Do you currently have a medical diagnosis? YES NO

If so, please specify: _____

Describe any important medical history, chronic ailments, or other health problems that you has experienced, not listed above: _____

Do you have any close relatives (father, mother, sister, brother, grandparent) who have similar medical histories? Please list: _____

Please list any other specialists that you have seen, noting those that are current.

Do you receive Speech/Language Therapy Services? YES NO

Name of therapist _____ Telephone # _____

Do you receive Physical Therapy Services? YES NO

Name of therapist _____ Telephone # _____

Do you receive Occupational Therapy Services? YES NO

Name of therapist _____ Telephone # _____

NEURO-PHYSIOLOGICAL STATUS

Please check any of the following disturbances that describe how you believe you have been feeling lately and explain below:

- sad anxious depressed frightened guilty angry
- ashamed aggressive resentful worthless tearful irritable
- confused extreme ups/downs jealous hopeless

Describe any problems which have occurred in your life related to trauma, stress and/or abuse: _____

What are your sleeping habits like? Include any recent changes.

What are your eating habits like? Include any recent changes.

What makes you laugh? _____

What do you do when angry, frustrated, or overwhelmed?

How do you calm yourself down? _____

Please, briefly, describe any issues or sensitivities you may have that involve:

Hearing: _____

Touch: _____

Smelling: _____

Mouthing/Eating: _____

Movement: _____

Vision: _____

RECREATION

What are your favorite activities, games, or hobbies? _____

LEVEL OF FUNCTIONING

Please list any accommodations that you currently use to help with participation in daily activities. (visual schedules, calendars, sensory diet, equipment, etc.)

Please describe your level of physical activity: _____

How much time every day are you using the computer _____, watching TV _____, or using other technology _____?

Please describe activities that cause discomfort or pain. Rate the level of pain on a scale of 1-10 with 10 being the worst: _____

TREATMENT PLANNING

What do you consider to be your greatest strengths? _____

What do you consider to be your greatest challenges? _____

Any other comments that might be helpful to us? _____

Please list your therapy goals: _____

Your Name _____ Date: __/__/____

Please provide this information, along with copies of any previous evaluations, educational plans or other reports that you would like the therapist to consider when assessing and treating you.

Thank you so much for taking the time and effort to fill out this lengthy form.

Judy D Feingold OTR/L

_____ **Date:** __/__/____